

News

Macomb County
Office of Public Affairs



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Contact: Julie Hintz
MCCSA
586-469-5913
julie.hintz@macombcountymi.gov

MACOMB COUNTY COMMUNITY SERVICES CELEBRATES MARCH FOR MEALS

MOUNT CLEMENS, Mich. – Macomb County Community Services Agency's Meals-on-Wheels program is celebrating March for Meals this month. March for Meals is a nationwide campaign to raise awareness of senior hunger, recruit volunteers and raise funds. MCCSA is seeking volunteers and donations to help serve seniors in Macomb County through the Meals-on-Wheels.

In Macomb County, 1,400 frail homebound senior citizens receive a hot nutritious lunch Monday through Friday and on Thanksgiving, Christmas and Easter through the Meals-on-Wheels program. Many homebound seniors are at risk of malnutrition and have limited social contact. However, receiving meals helps seniors meet their nutritional needs and prevents premature nursing home placement. A daily visit from a volunteer provides social contact and peace of mind for relatives who know that someone is checking on their loved one.

MCCSA's Meals-on-Wheels program is currently in need of volunteers to deliver meals to homebound senior citizens. Volunteers are especially needed for routes in Center Line, Eastpointe, Mount Clemens, Romeo, St. Clair Shores and Warren. Substitute drivers are also needed in many areas.

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Volunteers are asked to deliver meals two times per month. It takes about an hour and a half to deliver meals. Routes are located close to the volunteer's home. Mileage reimbursement is offered to volunteer drivers. Volunteers must: use their private vehicles, have a valid driver's license, and have car insurance.

Seniors receiving meals are asked to contribute \$2 per meal to help share in the cost of the meal. For some seniors on a limited income, this is a burden, though no senior is denied service because of an inability to contribute. To help offset the cost of meals and continue to serve the number of seniors currently using the program, MCCSA Meals-on-Wheels is seeking community donations. A donation of \$100 will provide 50 meals – 10 weeks worth of meals; a \$500 donation provides 250 meals – one year of meals.

Donations can be mailed to:

Macomb County Community Services Agency
Senior Nutrition Program – Meals-on-Wheels
21885 Dunham Road, Suite 10
Clinton Twp. MI, 48036

About Macomb County

Macomb County is an enriching community in Southeastern Michigan that has one of the state's fastest rates of growth. Its 825,000 residents make it Michigan's third-largest county, with direct access to Lake St. Clair and Anchor Bay, and a host of cultural and entertainment options. Its highly skilled workforce and investment in new and expanding businesses make it open to enterprise. Active civic leadership translates into balanced budgets and Michigan's second-lowest tax rate. An increasingly diverse population and high quality of life make Macomb County accessible to all.

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